

## Alternative medicine therapies recognised by Groupe Mutuel as part of "Optimum" and "Premium" supplemental insurance products

The following therapies are covered as long as they are provided by a licensed doctor or a therapist recognised by Groupe Mutuel. Only treatments for therapeutic purposes are covered.

- |   |  |
|---|--|
| <p><b>A</b> Acupressure<br/>Acupuncture<br/>Alexander Technique<br/>An-Mo/Tui-Na massage<br/>Anthroposophic medicine<br/>Aromatherapy<br/>Auriculotherapy<br/>Autogenic training<br/>Ayurvedic massage<br/>Ayurvedic remedies</p> | <p><b>L</b> Leeching<br/>Lymphatic drainage</p>  |
| <p><b>B</b> Baunscheidt method<br/>Biodynamics / Biodynamic psychology<br/>Bioresonance<br/>Blood oxidation therapy<br/>Breathing</p>   | <p><b>M</b> Magnetism / Biomagnetism<br/>Magnetic therapy<br/>Massage therapy<br/>Medical massage<br/>Meridian massage<br/>Metamorphic massage<br/>Moxa / Moxibustion<br/>Music therapy</p>                                |
| <p><b>C</b> Cataplasms / Wraps<br/>Chromotherapy / Color therapy<br/>Classical massage<br/>Colonic irrigation / Colon hydrotherapy<br/>Connective tissue massage<br/>Cranio-sacral therapy<br/>Curative Eurythmy</p>              | <p><b>N</b> Naturopathy<br/>Nutritional advice</p>   |
| <p><b>D</b> Dance and movement therapy<br/>Detoxification method<br/>Drama and Speech Therapy<br/>Doula - perinatal support</p>   | <p><b>O</b> Ortho-Bionomy<br/>Osteopathy<br/>Ozone Therapy</p>   |
| <p><b>E</b> Electrotherapy<br/>Empirical massage<br/>Energy rebalancing<br/>Esalian massage<br/>Etiopathy<br/>Eutony</p>  | <p><b>P</b> Phytotherapy<br/>Plastic and visual mediation therapy<br/>Polarity<br/>Postural integration</p>  |
| <p><b>F</b> Fasciatherapy<br/>Foot reflex zone massage</p>  | <p><b>R</b> Rebirthing<br/>Reflexology<br/>Reflexotherapy<br/>Reiki<br/>Rhythmic massage<br/>Rolfing / Structural integration</p>  |
| <p><b>H</b> Homeopathy</p>  | <p><b>S</b> Shiatsu<br/>Sophrology<br/>Sympathy therapy</p>  |
| <p><b>I</b> Intermediate therapy<br/>Iridology</p>  | <p><b>T</b> Thai massage<br/>Therapeutic massage<br/>Therapeutic painting<br/>Therapeutic plastic modeling<br/>Tomatis/Audio-psycho-phonology<br/>Touch for Health<br/>Traditional Chinese Medicine<br/>Trager massage</p> |
| <p><b>K</b> Kinesiology<br/>Kneipp therapy / Hydrotherapy</p>   |  |