



Supplemental health insurance

Optimum

Optimal coverage in all circumstances

- Customised supplemental insurance ideal for persons who wish to enjoy a wide range of benefits.

How does it work?

Optimum contributes to your healthcare costs, whether for ambulance transport, alternative medicine, scar correction, sports activities or home help. Optimum also supports you for preventive measures.

Optimum provides **maximum flexibility:**

- **No age limit** for signing up
- **Optional deductible** of CHF 150
- **Child discount** if one parent signs up to Optimum

➤ Main benefits covered

Enjoy the best possible support at every stage of your life - for example :



Glasses

CHF 100 per year for children and CHF 250 every three years for adults



Membership for a sports or fitness club, or prevention (e.g. against falls)

50% max. CHF 200 per year



Alternative medicine

75% max. CHF 3,000 per year (of which max. CHF 500 per year for massages)



Preventive gynaecological examinations / Mammograms / Ultrasounds

90%



Home help

90% max. CHF 2,500 per year



Outpatient surgery

CHF 150 per year for a comfort upgrade, hotel accommodation, transport or parking costs

Did you know?

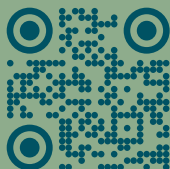
Optimum also supports you with **preventive measures** such as:

- purchases from pharmacies (e.g. sun cream, smoking substitutes, allergy tests, etc.)
- swimming lessons for children up to the age of 16
- genetic tests (e.g. assessment of risk of thrombosis related to the use of the pill)
- fall prevention courses or anti-slip shoe pads for people aged 60 and over

Find the full list of other prevention measures covered by Optimum on our website.



Do you wish to receive
a customised quote?



Scan and access
online content

www.groupemutuel.ch/en/optimum



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Gruppe Mutuel Holding SA
Rue des Cèdres 5 - CH-1919 Martigny
0848 803 111 / groupemutuel.ch